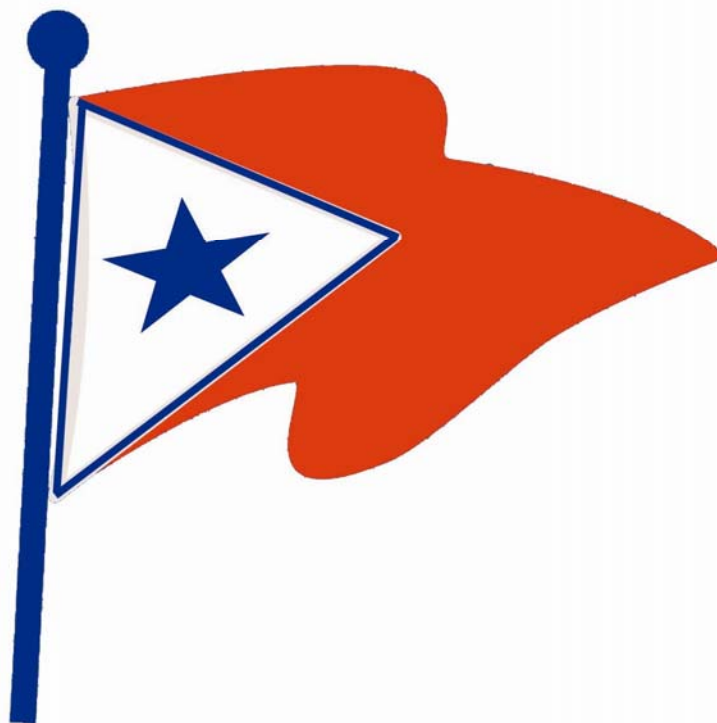


# Encinal Yacht Club: Junior Sailing Parent Guide

(updated January 2009)

## Introduction:

This handbook is designed as a reference to answer questions you may have about our Junior Sailing program. While updates to this guide may not always keep pace with changes to the programs and policies described, we will do our best to keep the material as current as possible! Please let us know if you feel there is anything that should be added in the future (emails welcome at [juniors@encinal.org](mailto:juniors@encinal.org)). We hope that the program will continue to benefit from a solid and growing volunteer spirit among EYC members and Jr. Sailing parents, and will provide a fun and memorable sailing experience for our youngsters.



# Contents

<u>Topic</u>	<u>Pages</u>
Chapter 1: Junior Sailing Program Objectives.....	3
Chapter 2: Instructors and Program Personnel.....	4,5,6
Junior Sailing Director (role and contact info)	
Instructors	
Junior Sailing Committee co-Chairs	
Fleet Parent coordinators	
Parent Volunteers	
Fund Raising and Donations	
Chapter 3: Program Schedule.....	7,8
Chapter 4: Class Descriptions and Fees .....	9,10,11,12
Chapter 5: Getting Started.....	13,14
Chapter 6: Junior Sailing Awards and Trophies .....	15
Chapter 7: Regattas.....	16
Chapter 8: Club Trailers.....	17
Chapter 9: Helpful Websites and email addresses.....	18
Chapter 10: EYC Junior Sailing Code of Conduct.....	19/20

# **Chapter 1:**

## **Junior Sailing Program Objectives**

The Encinal Yacht Club is one of the oldest in the Bay Area, and has long offered and supported an active and successful Junior Sailing program for Bay Area youth – both EYC members and non-members alike. The program’s success has resulted from striving to achieve the following objectives:

- To teach seamanship, sailing and racing skills, in a safe and fun environment
- To enable students to acquire, through the overall experience of program activities, life-long values such as sportsmanship, consideration for others, teamwork, and self-reliance
- To teach young people how to sail to the best of their ability and interest, and to encourage growth in skill and competence through both individual and team participation
- To encourage the acquisition of competitive sailing skills in regattas and in races at EYC and other Bay Areas events

Our Jr. Sailing program is intended to expose youngsters and their families to the enjoyment and uniqueness of sailing. This is accomplished under the supervision of competent, involved instructors, administered by the sailing committee, and assisted by the stewardship of volunteer adult leaders.

## Chapter 2: Instructors and Program Personnel

A team of carefully selected instructors will lead every class offered by EYC Junior Sailing under the supervision of the Program Director/Head Coach. Specific instructors are assigned to each class (see “Class Descriptions, Fees and Schedules”). Your child will meet his/her respective instructor(s) on the first day of any class they are signed up to participate in, and they can expect to be taught by the same instructor(s) throughout the duration of the class. Junior Instructors are often assigned to assist the Sailing Instructors with running classes. The Junior Instructors who are given this privilege are selected from the EYC Advanced Racing Team. In addition, special guest instructors are also welcomed on occasion to augment the EYC instructor staff and enhance our students’ sailing experience.

### **Junior Sailing Director/Head Coach**

Our EYC Junior Sailing Director and Head Coach (aka “the Director”) is responsible for overall administration of the program, including the following:

- Management of the program and instructor schedules
- Recruitment and oversight of instructors and junior instructors:
  - Implementing instructor clinics to improve teaching skills as needed
  - Providing oversight for specific objectives and lesson plans for each class
  - Directing Instructors in their preparation and distribution of Sailor Evaluations on key skill elements
- Assignment of each student to a specific boat, sail, spars and rack storage location which will become that students responsibility for the duration of their class (not applicable to sailors with who own their own boats)
- In conjunction with the Junior Sailing Committee co-Chairs and Fleet Parent Coordinators, management of regatta participation including:
  - Posting of complete regatta schedules for all fleets as well as registration information for particular regattas on EYC Junior sailing bulletin board and Junior Sailing web site
  - Sailor and instructor attendance
  - Trailer and coach boat arrangements
- Coordinating fun days and other unique program experiences with parent volunteers
- Parent Communications:
  - **Communications** between parents and the Director is expected and encouraged, but in order to enable maximum instruction time for student sailors, the Director is available for parent questions ***only outside of class hours*** – your cooperation in this regard is critical and appreciated
  - The Director will respond to all emails and voice messages in a timely manner
    - Email: [juniors@encinal.org](mailto:juniors@encinal.org)

- Junior Office Telephone: (510) 769-0221
  - Questions concerning Jr. Program *policies, fees, etc*, should be directed to the Jr. Sailing Committee co-chairs, and ***not*** to the Junior Sailing Director
- Enforcing program policies to maintain a safe and productive environment
  - Assuring appropriate discipline and conduct of students participating in the program
  - Assuring the Junior Sailing Center and dock areas are cleaned up each day

**Junior Sailing Committee co-Chairs:**

The EYC Junior Sailing Program is overseen by Junior Sailing Committee Co-Chairs. For 2009, the co-chairs are Steve and Barbara Grove (sgrove01@pacbell.net) and Paul and Flor Delle Cese (palex09@earthlink.net), and their responsibilities include:

- Acting as liaisons and managing all communications between the Junior Sailing staff (the director and instructors) and the Encinal Yacht Club, its officers, members and professional staff
- Recruitment and oversight of the Junior Sailing Director and Head Coach, and assistance in hiring overall instructor staff
- With the Program Director, publishing a Participant List for club use
- Maintaining, documenting, communicating and constantly improving EYC Jr. Sailing policies and procedures for the betterment of the Encinal Junior Sailing program
  - Enabling program policies to maintain a fun, safe and productive environment
  - Supporting the Director and Instructor staff in assuring appropriate discipline and conduct of students participating in the program
- Management of Program budgets for equipment, instructor staff, etc
- Coordination of fleet parent coordinators and other parent volunteers for all committee activities, including:
  - Fund raising events
  - Fun day activities
  - Regatta participation
  - Clothing sales
  - Thursday Twilight Barbecue Races
  - Communications
  - etc

**Fleet Parent Coordinators:**

Each Junior Sailing Fleet (Optimists, Lasers, CFJs&420s) will be assigned a Fleet Parent Coordinator, whose responsibilities include:

- In conjunction with the Director and Junior Sailing Committee co-Chairs, management of regatta participation for their assigned fleet:
  - Email reminders to fleet sailors concerning regatta schedules and registration information for upcoming regattas
  - Trailer and coach boat arrangements

- Recruiting parent volunteers and overseeing and promoting fleet specific participation in the EYC Jr. program
- Bringing ideas and suggestions to the Jr. Sailing co-Chairs and the director
- For 2009, the fleet parent coordinators will be determined shortly:

### **Parent Volunteers:**

As our Junior Program depends on support from parents, all parents are asked to help with some aspect of the program over the course of the year, especially during the summer classes and the off-season fund raising. A list of committees and open jobs will be available at the beginning of each class session and at Thursday Twilight Barbeque Races. Please give generously of your time so that the workload can be divided and everyone involved can have an enjoyable summer.

If you have a vocation or avocation that involves a sailing/boating skill or an experience that would be of interest to our students (guest lecturer, demonstration, etc), we would love to hear from you – please contact one of the Jr Sailing co-Chairs.

### **Fund Raising and Donations:**

In addition to class fees, our program relies on the generosity of parents, other EYC members, and friends of Junior Sailing. Donations and help defray the significant costs of boats, sails, awards, repairs, instruction staff and more. During the course of the year, several programs are available for your consideration:

- **Junior Sailing Clothing** – all profits from our great line-up of Jr Sailing clothing and accessories go to EYC Junior Sailing
- **Junior Sailing Auction** – our annual auction offers outstanding items, with profits going directly to Junior Sailing.
- **Annual Crab Feed** – every year, junior sailors wait on tables at the crab feed. All tip money that evening goes directly to the junior sailing program.
- **Cash donations** are accepted with thanks. To be sure any such donations go to Junior Sailing, checks should be made out to the Encinal Sailing Foundation, c/o Junior Sailing, and submitted to the Jr. Director or any Junior Sailing Committee co-chair (Barb Grove or Paul Delle Cese) in mail box in the EYC Office.
- **Junior Sailing Sponsor:** you can advertise your business on our junior sailing tee shirts, worn by many sailors around the bay area. Just contact Paul Delle Cese or Barb Grove for more information about becoming a sponsor.
- **Monthly EYC bill:** many EYC members make a monthly contribution to Junior Sailing via their monthly bill. Please contact Barb Grove or Paul Delle Cese if you are interested in this.

# Chapter 3: Program Schedules

(Note that students need not provide their own boats . For sailors who do not own their own boats, the EYC junior sailing program provides boats at modest charter fees)

Encinal Yacht Club Junior Sailing has a number of classes for students of different ages, skill levels and interests. All classes are offered during the three Summer Sessions, and most are also offered in Spring and Fall Sessions, as noted below.

## Summer Sessions:

- Three separate 3 week “Sessions” are conducted each summer
- Multiple class options are offered during each session
- Classes are held Monday through Thursday each week of the session
- Thursday Twilight Barbeque Races: every Thursday evening during the summer sessions, family and friends are encouraged to watch their kids from the EYC docks as they show their skills during fun races in the estuary. A fun family BBQ at the EYC poolside follows – please join us!
- Please check online on the EYC Junior Sailing website, at [www.encinal.org](http://www.encinal.org) for any schedule changes. The planned dates for the Summer 2009 program are as follows:

### **2009 Summer Schedule**

Session I	June 22- July 9, 2009
Session II	July 13 - July 30, 2009
Session III	August 3 – August 20, 2009

***Mark down August 20, 2009!!! All kids from any Session participate in a Final Summer Fun Day beginning at 11:00AM ; all family members are then encouraged to join for the Summer Awards Ceremony and Annual Auction at the club at 6:00PM***

(Note: A number of weekend youth regattas are held each summer by EYC and other Bay Area yacht clubs, and these will be posted to the web site as scheduled. Participation is optional for EYC junior sailors, but encouraged for those interested in developing racing skills)

## Spring and Fall Sessions:

- EYC Junior Sailing offers one Fall Session and One Spring Session, each offering four class options. These sessions capitalize on the year-round sailing opportunity we are fortunate to have in the Bay Area, and represent a great way to keep the kids' sailing interest and skill levels growing!
- Since Schools and after-school sports are in session, Fall/Spring Sailing classes are scheduled on six consecutive Saturday afternoons *or* six consecutive Sunday afternoons, depending on the class assignment.
- Please check online on the EYC Junior Sailing website, at [www.encinal.org](http://www.encinal.org) for any schedule changes. The planned dates for the 2009 Spring and Fall programs are as follows:

### Spring 2009 Program Classes

**Beginner Class:** To be determined

**Intro/Intermediate Race :** to be determined

**Teen Beginning:** To be determined

**Opti Advanced Race:** to be determined

**Advanced Racing Class:** to be determined

### Fall 2009 Program

Fall 2009 **HIGH SCHOOL SAILING classes**, dates/times will be scheduled on specific Sundays from mid September until December, 12:30-4:30PM.

Fall 2009 **Saturday classes**, dates/times are 6 Sundays, mid September to the end of October , 12:30-4:30PM. This includes "Intro to Race" and "Intermediate Racing"

## Special Clinics:

On occasion throughout the year, the Director may arrange special sailing clinics, typically around the availability of a guest coach who might be available to offer special instruction in a specific boat class (i.e. Opti, Laser, etc). The Director will use email to ascertain interest in such a clinic, so please make sure your most current email address is on hand at the junior sailing office!

# Chapter 4:

## Class Descriptions and Fees

### Class Notes:

- **Questionable Weather:** although we're blessed with great California weather and fresh breezes most of the time, fog or light breeze conditions can occur at any time. The Jr. Sailing Program will begin at the scheduled time for each fleet regardless of the weather conditions. If weather prevents sailing, alternative sailing related activities will be conducted.
- **Selecting the right class for your child:** students are assigned to the appropriate class based on their interests and skill level (and parental input). They may be reassigned based on the initial evaluation by the instructor staff. Students are encouraged return to later sessions, either at the same level, or progressing through more advanced classes if skill levels and student interests dictate!
- **Boat Ownership and Charter Fees:** it is not necessary to own a boat for your child to participate. Boats are available for charter at modest fees, noted below in the class descriptions.
- **Member vs. non-Member fees:** Students whose parents are not EYC members may become EYC Junior Members, entitling them to some of the privileges of regular membership, as well as discounted Junior Sailing class fees. For more information on Junior Membership entitlements and costs, please contact the EYC club office.
- **Please note:** Instructors are NOT responsible for children when the class ends. Children are not be allowed to hang out by the pool or in it at the conclusion of class without parental supervision.
- **Fee Payments:** The fees associated with EYC Junior sailing represent a remarkable value for the dollar, especially compared to the costs of most sports alternatives. The following terms apply to the class fees:
  - Class fees are due upon registration
  - No refunds unless cancellation is made 10 days in advance
  - No prorated payments for partial class attendance
  - Limited scholarships are available for financial need situations – contact the junior sailing director
- **High School Sailing:** The Encinal Junior Sailing Program does work in partnership with a number of East Bay High Schools who have teams or clubs that participate in the Interscholastic Sailing Association. For more information on High School Sailing through EYC, please see the junior sailing website, or contact Barb and Steve Grove at [sgrove01@pacbell.net](mailto:sgrove01@pacbell.net).

### Beginner Sailing:

- **Availability:** offered during Summer and Spring Sessions
  - Summer session: offered morning and afternoon classes , Monday-Thursday, 8:30AM – 12:00 noon or 1-4:30pm.
  - Afternoon-only in Spring sessions, Saturdays, 12:30-4:30PM
- **Ages:** 8-16
- **Prerequisites:** students must be able to pass the swim test
- **Description:** sailed in our fleet of JY Trainers, this class focuses on the basics, including steering, sail trim, sailing upwind and becoming comfortable on the water. Of course FUN is the most important emphasis. Students normally finish the class with a good understanding of the fundamentals.
- **Pricing: (boats supplied by club)**
  - **Summer per session price**  
EYC Family Members: \$345 Non-members : \$440
  - **Summer prices for all 3 sessions:**  
EYC Members: \$945 Non-members : \$1,190
  - **Spring/Fall Sessions:**  
EYC Members: \$240 Non-members: \$285

### Introduction/Intermediate Racing :

- **Availability:** offered during Summer, Fall and Spring Sessions
  - Morning or afternoon in summer sessions – 8:30AM – 12:00 noon, or 1-4:30pm
  - Afternoon only in Spring/Fall sessions – 12:30-4:30PM
- **Ages:** 8-18
- **Prerequisites:** students must be able to pass the swim test; students must have completed the Beginner Sailing class or have permission of the director
- **Description:** class emphasizes more advanced sailing techniques leading up to racing. Students will learn to adjust many sail controls, get more speed out of their boats and also learn to sail around a course. Concepts include starts, mark roundings, sitting on the rail, using the tiller extension, basic rights of way and yacht racing rules. The class sails fun races and also cruises up and down the estuary. This class will be taught in either the Optimist, Laser, or FJ sailboats.
- **Pricing: (boats supplied by club)**
  - **Summer per session price**  
EYC Family Members: \$345 Non-members : \$440
  - **Summer prices for all 3 sessions:**  
EYC Members: \$945 Non-members : \$1,190
  - **Spring/Fall Sessions:**  
EYC Members: \$240 Non-members: \$285

### Teen Beginning:

- **Availability:** offered during Summer Sessions only
  - Morning-only in summer sessions – 8:30AM – 12:00 noon
- **Ages:** 13-18
- **Prerequisites:** students must be able to pass the swim check
- **Description:** this is a camp-like class where teen sailors can learn the basics of sailing and also experience the fun of the water. FJs and Lasers are sailed to give the kids as much experience in different kinds of boats as possible. Students are exposed to pleasure sailing and racing. The class is fun and social – perfect for teens!
- **Pricing: (boat charter fees included)**
  - **Summer per session price**  
EYC Family Members: \$345 Non-members : \$440
  - **Summer prices for all 3 sessions:**  
EYC Members: \$945 Non-members : \$1,190
  - **Spring/Fall Sessions:**  
EYC Members: \$240 Non-members: \$285

### Advanced Racing Team Class:

- **Availability:** offered during Summer, Fall and Spring Sessions
  - Summer price is for all three sessions combined – not available on a per session basis
  - Afternoon only in Summer/Spring/Fall sessions – 12:30-4:30PM
  - See website for pricing
- **Ages:** 9-18
- **Prerequisites:** students capability/skill level must be approved by the director/head coach to be a member of the Advanced Racing Team.
- **Description:** The Race Team attends several regattas throughout the summer and class periods are used as training sessions. Coaching is targeted specifically to each student and is aimed at taking his or her sailing to the next level. Training is in either the Opti's, FJ's, Lasers, Laser 4.7s, Laser Radials and 420s, focusing on spinnaker sailing advanced boat-handling and big-fleet racing. In order to be a member of the Race Team, sailors must be a member of Bay Area Youth Sailing (BAYS) and compete in the BAYS Summer Series, and at least one regatta during the winter. Charter boats are first reserved to Encinal race team members.
- **Class Size:** limited to 16 students per class
- **Pricing:**
  - **Summer** – For nine weeks (all Three Session combined).
  - Boat charter fee is included in all pricing.  
EYC Members: \$745  
EYC Jr. Members: \$860  
Non-members: \$1030

(deduct \$100 for using your own boat )

(please note: only full family members are able to store their own boats at EYC)

- **Spring/Fall/Winter Sessions:** prices to be determined by schedule

## Chapter 5: Getting Started

Registration and other important forms can be found in the Junior Sailing office or online at [www.encinal.org/junior\\_program.html](http://www.encinal.org/junior_program.html). Forms must be returned to:

EYC Junior Office  
1251 Pacific Marina  
Alameda, CA 94501  
or  
[juniors@encinal.org](mailto:juniors@encinal.org)

Class fees are due upon registration

- No refunds unless cancellation is made 10 days in advance
- No prorated payments for partial class attendance

Two (2) release forms must accompany the registration:

1. Medical Form and Liability Waiver
2. Boat Charter and Liability Release and Waiver

### **Charter Boats assignments (not applicable to boat owners):**

- Each student will be assigned a specific boat, sail, spars and rack storage location at the beginning of a class (unless that student owns their own boat). Assigned boats and related equipment are the responsibility of that student for the duration of the class and must be treated with care and respect.
- Some boats may be assigned to one student in a morning class and another student during an afternoon class during the same session. In this event, students share responsibility for care of the boat and equipment
- Assigned boats, sails and spars must be returned undamaged at the conclusion of the class, as verified by the Director. Repairs beyond normal wear and tear are the responsibility of the student and/or the parents.

### **What you child should bring:**

Sailors are **REQUIRED** to bring and use the following:

- Sunscreen
- Sunglasses
- Properly fitting, coast guard approved Life Jacket with whistle tied on it (water skiing jackets are not permitted)
- Closed-toed shoes or sneakers. Preferably sailing booties or the less expensive Aqua sock-type footwear.
- Clothing appropriate for weather conditions
- Shorts over swimsuits for girls
- Water bottle

It is **STRONGLY RECOMMENDED** that sailors bring the following:

- Watch with countdown timer (helpful for those who will be racing)
- Water bottle
- Towel
- Hat and visor
- Backpack with a change of dry cloths
- Sailing gloves (Opti Race Team and Advanced Sailors)

**Equipment Needed:** EYC Jr. Sailing sells lifejackets and sailing apparel at very reasonable prices. If you need to get any sailing apparel before class and would like to have it ready for you by the first day, please check out our sailing apparel guide on our website or contact Barb Grove [sgrove01@pacbell.net](mailto:sgrove01@pacbell.net).

**Swim Check:**

All students are required to pass the swim check in order to participate in the Junior Sailing Program. The swim check will be given on the first day of the class and will include: swimming 20 yards, treading water, and putting on a life jacket while in the water. The swimming check in the bay presents new circumstances and is not like swimming in a pool. Be aware of your child's swimming ability and get lessons ahead of time if he/she is not a strong swimmer. A practice session in the bay prior to a check can also be helpful!

## **Chapter 6: Junior Sailing Awards and Trophies**

Competition is merely one dimension of the EYC Junior sailing program, but it can be a powerful motivator for many young sailors. To recognize sailors who have competitive success in designated races and race series, various certificates, flags and trophies are awarded at the conclusion of each season. There are also a number of special, non-racing award categories for which all sailors are eligible.

Be sure to mark your calendars for the Junior Sailing Luau on August 16. All children in the program are eligible for trophies, don't miss out on a great night!

## Chapter 7: REGATTAS

In addition to the instructional program and Championship races, junior sailors will have the opportunity to participate in a number of regattas throughout the summer. If they feel ready, sailors are encouraged to participate in local, regional and even national regattas. Complete regatta calendars for Optis, Lasers, FJs and 420s will be posted in the spring each year on the Junior Sailing Website.

Participating in regattas has many benefits. Regattas are a chance to make new friends, travel to new places, and enjoy cookouts, prizes and parties. Regattas also help improve skills. By racing with new sailors in larger fleets, our sailors will learn skills and lessons that cannot be developed by racing only at EYC. Throughout the summer there are regattas to accommodate all ages and levels from Green Fleet to Red Fleet Optis, to 420s, CFJs and Lasers. Not all fleets will be attending all regattas.

Parental support is critical for regattas. Parents are responsible for loading and unloading their younger child's boat for each regatta. At least one parent also needs to be at regattas to assist and supervise their child in the event he or she leaves the water early due to heavy wind, boat breakdown, etc. If you cannot be present, you **MUST** make arrangements with another parent to fulfill these responsibilities for you. It is not the coaches responsibility to be the supervisor for the children.

Parents are encouraged to be spectators at Bay Area regattas. If you are available to take your boat to a regatta as a spectator boat, please sign up on the sheets provided on the bulletin board.

## **Chapter 8: CLUB TRAILERS**

The EYC Junior Sailing trailers will be available for transporting boats to and from regattas. Availability of the trailers depends upon parent participation. As part of the registration process each parent must sign a release and indemnification for use of a Club trailer. Only EYC member parents may tow club trailers. Parent volunteers are asked to sign up to haul trailer to and from regattas on a rotating basis. Each sailor, with the assistance of his parent as needed, is responsible for all loading and off-loading of his/her child's boat. Instructors are busy assisting our sailors with rigging, strategy & tactics at these events. They are not responsible to load and unload the boats.

Sailors will be given berths on trailers on a first-come/first-served basis for each event, providing there are parent volunteers to drive. However, since we have limited capacity on the trailers, we ask that those parents who are able to transport the Optimists themselves (e.g., on car roofs) do so and allow other sailors the opportunity to sign up first for the trailers. Sign-up sheets will be posted several days ahead of the event, so that alternative or additional arrangements can be made, if necessary. Sailors on the list must have a ride to and from the regatta unless other arrangements are made and approved by instructors and/or parents.

If a sailor signs up for a trailer or trailer berth but will not use it, s/he must cross her/his name off the list & notify the Driver, who will be listed at the top of the sheet. Sailors who fail to do this will be denied future trailer privileges. Sailors whose boats are repeatedly not properly secured may be subject to non-eligibility for trailer transport.

You must remove your child's boat from the trailer immediately upon its return to EYC, since the trailer may be headed to another regatta as soon as the next morning.

In the event of an accident involving a club trailer, **LIABILITY FOR THE DAMAGES TO THE TOW VEHICLE OR THE TRALER, AND FOR PERSONAL INJURY, RESTS WITH THE DRIVER TOWING THE TRAILER, NOT EYC. BOAT OWNERS ARE RESPONSIBLE FOR ANY DAMAGE TO THEIR BOATS.** This means that insurance coverage for any personal injury or damage to the trailer or tow vehicle resulting from an accident is under the automobile policy of the drivers.

## **Chapter 9:**

# **HELPFUL WEBSITES & EMAIL ADDRESSES**

### **Websites:**

Encinal Yacht Club: [www.encinal.org](http://www.encinal.org)

Encinal Junior Sailing: [www.encinal.org/junior\\_program.html](http://www.encinal.org/junior_program.html)

Colie's Performance Sailing: [coliesail.com](http://coliesail.com)

U.S. Optimist Dinghy Association: [sailing.org/usoda/index.html](http://sailing.org/usoda/index.html)

Optiworld: [sailing.org/optiworld](http://sailing.org/optiworld)

U.S. Sailing Association: [ussailing.org](http://ussailing.org)

Interscholastic Sailing Association: [highschoolsailingusa.org](http://highschoolsailingusa.org)

Pacific Coast High School Sailing: [pcisa.org](http://pcisa.org)

Inter Collegiate Sailing Association: [collegesailing.org](http://collegesailing.org)

420 Class: [club420.org](http://club420.org)

North American Laser Class: [laser.org](http://laser.org)

### **Email Addresses:**

Junior Sailing Director: [juniors@encinal.org](mailto:juniors@encinal.org)

Junior Sailing Committee: Steve and Barbara Grove ([sgrove01@pacbell.net](mailto:sgrove01@pacbell.net))

Paul and Flor Delle Cese ([palex09@earthlink.net](mailto:palex09@earthlink.net))

# **Chapter 10:**

## **EYC Junior Sailing Code of Conduct**

### **A. Attire**

- Coast Guard approved life jackets, with whistles tied on, must be worn and properly fastened at all times while on the water and at other times as directed. Anytime the students are on or near the water, docks and ramps, their lifejacket must be on and fastened.
- Shoes, booties or sneakers are to be worn at ALL times. No open toed shoes.
- Water bottles and watches are required for advanced fleets. Sunglasses and hats are recommended.

### **B. General Safety**

- Whistles are to be used in case of emergency ONLY
- No glass containers are allowed anywhere on yacht club grounds or in the boats
- No bikes, roller blades or skateboards on the dock to yacht club premises
- There will be no running on the docks, pushing into the bay or swimming pool (this can result in severe injury) or unauthorized swimming
- Swim check must be passed
- Charter boats and accompanying sails and spars must be returned, undamaged, at the conclusion of the class, as verified by the Director

### **C. Behavior**

- Sportsmanlike conduct is expected from all students at all times, on or off the water. Foul language and other disrespectful behavior will not be tolerated. Repeat offenses qualify as grounds for removal from the program.
- All boats are to be rigged by the scheduled start time for the sailing instruction
- Any student who is unwilling to sail or participate in the program activities will be sent home. Neither the instructors nor EYC can be responsible for students who are not participating in the available sailing program activities.
- Each student is responsible for his/her own belongings. All personal belongings should be labeled with your name (life jackets, gym bags, bailing buckets, etc)
- Students will return boats and equipment to proper storage areas as soon as possible upon completion of the class. Boatyard and launch areas will be kept clear of obstructions.
- Borrowing anything without prior permission from the owner is stealing, and therefore prohibited.
- Students are required to remain at the club during scheduled program hours.
- No littering, anywhere
- EYC bathrooms should be kept neat and orderly
- As in our schools, there will be a zero tolerance policy regarding any student possessing and/or using any harmful weapon, alcohol, controlled substance, or any tobacco products.

## Discipline

Generally we have had very few problems with children running afoul of the code of conduct, and we hope your children will abide by these common-sense rules. But when infractions occur, it is unfair to all the kids if those infractions are not dealt with. If the code of conduct is violated, the instructor will remove the student from the situation and refer the offender to the Program Director who will determine the necessary action. If necessary, the Program Director may ask the EYC office to contact the child's parent for immediate pick up. Upon infraction of the code of conduct, the student may be warned, suspended or dismissed from the program, depending on the discretion of the Director. Class fees will not be refunded in these situations.

**Please be sure your junior sailor reads and understands the rules of the Student Code of Conduct set forth above.**