



## Encinal Yacht Club Intermediate FJ Sailing/Intro to Race Class Winter 2012



**Dates:** Saturdays: Feb. 4, Feb. 11, Mar. 3, Mar. 10, Mar. 24, Mar. 31

**Time:** 1:00 – 4:30 pm

**Cost:** \$250 full family members / \$300 junior members only/ \$360 non-members  
Total fee due upon registration. No refunds unless cancellation is made 10 days prior to first class.

**Info:** Ages 12-18. Sailed in CFJs. This class will teach the fundamentals and intermediate levels of FJ racing. Concepts include: rigging, boat handling, sail trim, safety, basic racing skills, including rules, tactics and race strategy. The goal of the class is to prepare the students for high school sailing and junior regattas. Attendance in this class must be approved by the director.

**Practices will be held rain or shine.** Please come appropriately dressed to sail in the rain. (Rash guards, thermal layers, spray gear, wet suits, sailing boots, beanies, gloves, etc are strongly recommended. Stay away from cotton!) Bring your own towel, water bottle, sunglasses, sunscreen, etc. and a complete change of clothes. Bring shoes that can get wet! You must have a US Coast Guard Approved PFD (life jacket). EYC Jr Program has life jackets and sailing clothing for sale.

Each sailor must fill out a new 2012 medical release form. (Found on EYC Jr Sailing webpage.)

**Boats:** This clinic series includes all boat charters for classes.

**PLEASE REGISTER FOR CLASSES ONLINE:  
Link Should be Available by Mid December**

For more info or questions contact:  
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