

## EYC Junior Sailing Mission Statement

The Encinal Yacht Club is one of the oldest in the Bay Area, and has long offered and supported an active and successful Junior Sailing program for Bay Area youth – both EYC members and non-members alike. The program's success has resulted from striving to achieve the following objectives:

- To teach seamanship, sailing and racing skills, in a safe and fun environment
- To enable students to acquire, through the overall experience of program activities, life-long values such as sportsmanship, consideration for others, teamwork, and self-reliance
- To teach young people how to sail to the best of their ability and interest, and to encourage growth in skill and competence through both individual and team participation
- To encourage the acquisition of competitive sailing skills in regattas and in races at EYC and other Bay Area events.

It is the intent of the Encinal Jr. Sailing Program to expose youngsters and their families to the enjoyment and uniqueness of sailing. This is accomplished under the supervision of competent, involved instructors, administered by the sailing committee, and assisted by the stewardship of volunteer adult leaders.



## Winner 2005, 2007, 2008 Chester W. Nimitz Award for Most Outstanding Bay Area Junior Sailing Program



### Junior Sailing Director

Andrew Nelson

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### Parent Liaison

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[www.Encinal.org](http://www.Encinal.org)

## 2012 Encinal Yacht Club Junior Sailing



### 2012 Summer Schedule

**Session I:** June 18 - July 6

(No class Wed. July 4. Week of July 4th classes are Mon., Tues, Thurs, Fri.)

**Session II:** July 9 – July 26

**Session III:** July 30 – August 16

All Classes are Monday-Thursday

AM Classes: 8:30am-12:00pm

PM Classes: 1:00pm– 4:30pm

**Family BBQ Every Thursday Night!**

**Register Online at [www.Encinal.org](http://www.Encinal.org)**



## Beginning Sailing

**Ages:** 8-13

**Available:** Morning & Afternoon

**Prerequisites:** Pass swim test

**Description:** Sailed in Oppis (similar to Optis), this class focuses on basic skills, enabling a child to feel confident skippering a singlehanded dinghy. Concepts include: capsizing recovery, steering, sail trim, terminology, and safety, with an overall emphasis on FUN and becoming comfortable on the water.

## Teen Beginning

**Ages:** 13-18

**Availability:** Mornings Only

**Prerequisites:** Pass swim test

**Description:** Sailed in FJs, this is a camp-like class where teens can learn the basics of sailing and also experience the fun of being on the water in a safe environment. Class time will be balanced between casual sailing and learning basic racing skills. The class is fun and social – perfect for teens.



## Intermediate/Intro to Racing

**Ages/Availability:**

8-13 Morning & Afternoon

13-18 Afternoon Only

**Prerequisites:** Pass swim test & beginner sailing class, or have permission of the director.

**Description:** Class emphasis is on expanding students' skill sets and learning to race. This class offers instruction in rigging, boat handling, sail trim, safety and an introduction to sailboat racing, including rules, tactics and race strategy. The goal of the class is to prepare the students for regattas, and is a stepping stone to the Race Team or High School Sailing. This class will be taught in Optimist (singlehanded) and FJ (doublehanded) sailboats.

### Pricing

#### Beginning & Intro Classes

(boats included)

	Per Session	Full Summer
EYC Member	\$370	\$1,000
Non Member	\$480	\$1,285



## Encinal Jr. Race Team

**Ages:** 9-18

**Available:** Afternoon Only

**Prerequisites:** Requires student application and director approval. Space limited.

**Description:** The Race Team is a 9 week program that lasts all summer. Team members are expected to represent EYC in at least 3 regattas each summer and attend the majority of practices. Practices will include vigorous drills which emphasize advanced boat handling, tactics, speed, and understanding of the rules as they apply in both fleet racing and team racing. Practice will take place in the Opti, Laser, FJ, or 420 depending on which regatta sailors are training for. Plan on an entire summer full of sailing, traveling, and fun if you are considering the race team.

**Please see website for pricing and application procedure**