



# Encinal Yacht Club High School Sailing Winter 2024



**Varsity Extra Practice:** Saturday, Jan. 20

**Weekend Practice Dates:** Varsity: Saturdays, Feb. 3, 17, March 2, March 23, April 13, April 20  
JV: Sundays, Feb. 4, 18, March 3, 24, April 21

**Time:** 11:30am – 4:30pm (please arrive on time, ready to sail)

**Weekday Team Practices:** Tues, Wed, Thurs. (start after daylight savings)  
During March and April  
Time: 4:00pm- 7 pm

Please fill out the practice and regatta spreadsheet [📄 2023-2024 High School Regattas and Practices](#)  
Weekday practices are subject to change - advance notice will be given.

**Cost: EYC Family Members: \$355 Non Members: \$550**

Total fee due upon registration. No refunds made 10 days prior to first class.

This season (and extra drop ins) are included in the 2023 Year Round Program.

**Info:** Coach approval required for attendance at Varsity events/practices. It is possible that a sailor may be moved up or down based on attendance at regattas or practices. All varsity sailors to be dedicated athletes and teammates throughout the season.

## Requirements:

- Updated Forms Needed for 2024: [2024 Medical Release Form](#)

## Regattas: [PCISA SCHEDULE](#)

Winter high school sailing includes coaching at all winter/spring NorCal & PCISA regattas.

**Boats:** This season includes all boat charters for class and any high school sailing regattas during this time period. \*\*We need parent volunteers (EYC Members) to tow boats to regattas\*\*.

**HS SAILING INTRO CLINIC:** Monday January 15 and Sunday January 28 [SIGN UP HERE](#)

## [REGISTER HERE](#)

Please review our [Youth Sailing Handbook](#) on the Jr Sailing website

For more questions:  
email: [eycjrsoffice@gmail.com](mailto:eycjrsoffice@gmail.com)